



# LIGHTHOUSE

— OF YOUR SOUL —

TRANSFORMATION WITH KAROLIN ZOCHER

Do you know the feeling of being somehow blocked, without knowing why?

I guide you to your inner & outer clarity.

## *Rapid Transformational Therapy®*

*(developed by Marisa Peer)*

I support you and your child in various areas:

- Strengthening self-worth & self-confidence & resilience
- Building a healthy relationship with yourself & others
- Setting & maintaining healthy boundaries
- Support after abuse & toxic relationships
- Managing strong emotions such as anger, fear, shame and guilt
- Developing inner clarity & self-discovery
- Processing generational issues
- Support for sensitiv & creative children
- Support with addictions, such as sugar, screen time & smartphone use

Online via Zoom –  
accessible from anywhere

In person in Igensdorf,  
Germany (optional for  
those nearby)

# More self-confidence. More inner strength. More you.



CONSCIOUS MIND



SUBCONSCIOUS MIND

## Why does RTT® work?

Because we don't stay on the surface, but find and resolve the root causes.

### In the subconscious.

Because this is exactly where the causes of your blocks lie.

### The key to change.

RTT® helps you dissolve old patterns and negative beliefs so that you can feel **free, clear and connected** again.

You realize: You were never wrong. Your light was never gone.



### Individual preparation

Your concern is the focus: Together we complete a personal intake form – mindful, empathetical and purposeful.



### In depth individual session

1,5 to 2 hours (for children up to 10 years approximately 45 minutes) with intensive hypnosis work and targeted block release.



### An individual transformation audio

Your personal hypnosis recording-tailored for you, for daily use over 21 days.



### Triple follow up

Short check ins after 7, 14, 21 days for reflection, reinforcement and support on your journey.

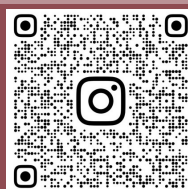


### An especially empathic and playful setting for children

Designed with trust, empowerment and child-friendliness in mind, providing real emotional relief in everyday life.

Ready for real change?

I'm excited to connect with you..



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